



# Delicious foods of the valley

Dining in the Nambucca Valley is a real treat with restaurants creating delicious menus, featuring local produce.

Visitors can choose from a wide range of dining opportunities, from gourmet pizzas to the sumptuous reef and beef specials at several restaurants. You can choose a licensed or BYO venue.

Pubs and clubs in the Valley also offer a wide range of dining choices from fast snacks to smorgasbords.

The Nambucca is renown for its fresh seafood supplied by our own professional fishers with oysters a particular speciality.

So whatever your tastes... or your budget, you will find the food, the wine and the service to your liking.

Combine all this with the Valley's natural beauty and facilities and you have a recipe for a wonderful holiday destination. So what are you waiting for?

Come visit us.

## SPORT...a part of valley life



*Nippers compete at Main Beach, Nambucca.*



*Homegrown NRL star Greg Inglis.*



*The Valley's own test hero Phillip Hughes.*

Sporting activities are an integral part of the Valley's lifestyle and there are many activities available.

**TENNIS:** All clubs are affiliated with the Nambucca District Tennis Association. Enquiries should be directed to Julie Higginbotham on 6569 5371.

**GOLF:** Golfers have the choice of three courses in the Nambucca. (All fees as listed at time of publishing.)

**Nambucca Heads Island Golf Club:** 18-hole course with full club facilities and all amenities including pro shop. Club, buggy and ride-on buggy hire available. Members day ticket for green fees is \$5.00; junior non-members \$4.00 (9 holes) and \$7.00 (18 holes). Non-member casual green fees, \$17 (9) and \$30 (18). For all enquiries, including membership, contact the club on 6569 4111.

Pro-Shop enquiries should be directed to 6568 8172.

**Macksville Country Club:** Mens, ladies, junior, associate and social games. Student

membership concession; pro shop facilities in clubhouse. Junior membership is available to 18-year-olds and under. Phone 6568 1400.

**Bowraville Golf Club:** Social players welcome. The club has buggy hire available and balls and tees are sold over the bar. Phone 6564 7349.

**LAWN BOWLS:** All local clubs welcome new members.

**Nambucca Heads Bowling Club:** Situated in Nelson Street, Nambucca Heads, has three bowling greens. It is the venue for the annual Ken Howard Memorial Carnival, Queen's Birthday weekend. For all membership details, contact the club on 6568 6132.

**Scotts Head Bowling and Recreation Club:** In West Street, near the beach. Two greens. Club membership, \$11. Full club facilities. Phone 6569 8163. (Fees as listed at time of publishing.)

**Macksville Country Club:** In Wallace Street. Two greens. Mens, ladies and juniors (18 years and under). Women's social, Wednesdays, mens Thursday and Saturday mixed bowls. Mixed bowls under lights Fridays during

summer. Phone 6568 1400.

**Bowraville Recreation Club:** Recreation Reserve, South Arm Road. Two greens and nine-hole golf course. Phone 6564 7349.

**Stuarts Point Workers, Recreation and Bowls Club:** In Ocean Avenue, Stuarts Point, has two greens and offers full club facilities. Club, social, and pensioner memberships are available – conditions apply. Enquiries should be directed to the club on 6569 0644.

**Urunga Bowling Club:** In Bonville Street, Urunga. Two large greens; full club facilities. Phone 6655 6258.

**RACING:** Nambucca River Jockey Club contact is Graham Brooks, 6568 5910. Meeting dates for 2009 are: July 5 Bowra Cup Day; October 3; December 26. For 2010: January 16; March 13 and April 17.

**SHOOTING:** Sporting Shooters Club, Macksville, contact is Dennis Rowe, 6568 2734 (during business hours).

**Nambucca Valley Pistol Club's** contact is Elwyn Lock on 0410 430 530.